



## **Directions to the Casco Bay YMCA – Freeport:**

**Casco Bay YMCA - Freeport**  
**14 Old South Freeport Road**  
**Freeport, Maine 04032**  
**(207) 865 9600**

### **By car from the South (25 minutes from Portland)**

Follow Interstate 295 (formerly Interstate 95) to Exit 20 (formerly exit 19) in Freeport.  
Turn Right off the ramp on to Desert Road.  
At the Light, Turn Right on to Route 1 South.  
After approximately 2.4 miles, Turn Left onto Old South Freeport Road.  
The YMCA is on your right.

### **By car from the North (40 minutes from Augusta):**

Exit Interstate 295 (formerly Interstate 95) at Exit 20 (formerly exit 19) in Freeport.  
Turn Left off the ramp on to Desert Road.  
At the light, Turn Right on to Route 1 South.  
After approximately 2.4 miles, Turn Left onto Old South Freeport Road.  
The YMCA is on your right.