



Directions to the YWCA - Lewiston:

YWCA - Lewiston
130 East Avenue
Lewiston, Maine 04240
(207) 795 4050

By car from the South (45 minutes from Portland)

Follow Interstate 95
Take exit 80 to Lewiston (ME-196) – go 0.3 mi.
Turn left at Alfred a Plourde Pky - go 0.5 mi.
Turn left at Pleasant St - go 1.2 mi.
Turn right at East Ave - go 0.4 mi.
The YWCA is on your Left.

By car from the North (40 minutes from Augusta):

Follow Interstate 95
Take exit 80 to Lewiston (ME-196) – go 0.2 mi.
Bear right onto the ramp to Lewiston (ME-196) - go 0.1 mi.
Continue on Alfred a Plourde Pky - go 0.3 mi.
Turn left at Pleasant St - go 1.2 mi.
Turn right at East Ave - go 0.4 mi.
The YWCA is on your Left.